



NEWPORT AESTHETICS

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HYDRAFACIAL PRE AND POST CARE INSTRUCTIONS

Please follow these steps for optimal results.

Your skin will thank you and the compliments will certainly come your way!

1. Discontinue the use of any Isotretinoin products (such as Accutane) for 6 months before treatment - unless you have clearance by a clinician.
2. Discontinue the use of topical Retin-A or generic tretinoin for at least 48 hours before and after treatment.
3. Refrain from any type of exfoliating treatments such as glycolic acid or enzymes to the area for 48 hours before and after treatment.
4. Refrain from any medium and/or deep chemical resurfacing treatments (peels) and laser treatments for 1 month before and after your HydraFacial treatment.
5. Refrain from waxing and use of depilatories for 48 hours before and after treatment.
6. Discontinue use of over-the-counter acne medications such as benzoyl peroxide and salicylic acid for 48 hours before and after treatment.
7. Avoid excessive sun exposure as well as the use of artificial tanning beds for 72 hours before and after treatment. Always wear sunscreen!
8. Wait 2 weeks after Botox and fillers to undergo a treatment. Botox and fillers can be given on the same day but AFTER your HydraFacial treatment.
9. For men, shaving is *not* recommended on the day of treatment. If you choose to shave, please shave at least 3-4 hours prior to your treatment.
10. Avoid heat (hot showers, sauna, and intense cardio) for 24 hours after treatment.
11. If you do not need to apply makeup for the remainder of the day (on the day of your treatment), then wait until the next morning to wash your face.

You will see improvement as soon as the first treatment!

**Please contact us at (949) 660-9972 or info@newportaesthetics.com
if you have any questions or concerns.**